

## Authorization for Release of Information

I, \_\_\_\_\_ [Insert Name of Client], whose Date of Birth is \_\_\_\_\_, authorize \_\_\_\_\_ of Aspire Counseling Group, PLLC, to disclose to and/or obtain from: \_\_\_\_\_ [Insert Name of Person or Title of Person or Organization] the following information:

### Description of information to be disclosed

Client should ✓ and initial each item to be disclosed:

- |  |  |
|--|--|
| ___ <input type="checkbox"/> Assessment                          | ___ <input type="checkbox"/> Educational Information                 |
| ___ <input type="checkbox"/> Diagnosis                           | ___ <input type="checkbox"/> Discharge/Transfer Summary              |
| ___ <input type="checkbox"/> Psychosocial Evaluation             | ___ <input type="checkbox"/> Continuing Care Plan                    |
| ___ <input type="checkbox"/> Psychological Evaluation            | ___ <input type="checkbox"/> Progress in Treatment                   |
| ___ <input type="checkbox"/> Psychiatric Evaluation              | ___ <input type="checkbox"/> Demographic Information                 |
| ___ <input type="checkbox"/> Treatment Plan or Summary           | ___ <input type="checkbox"/> Psychotherapy Notes*                    |
| ___ <input type="checkbox"/> Current Treatment Update            | <i>(*Cannot be combined with any other disclosure/authorization)</i> |
| ___ <input type="checkbox"/> Medication Management Information   | ___ <input type="checkbox"/> Other _____                             |
| ___ <input type="checkbox"/> Presence/Participation in Treatment | ___ <input type="checkbox"/> Other _____                             |
| ___ <input type="checkbox"/> Nursing/Medical Information         |  |

### Purpose

The purpose of this disclosure of information is to improve assessment and treatment planning, share information relevant to treatment and when appropriate, coordinate treatment services. If the purpose is other than marketing, sale of information, research or as specified above, please specify:

### Marketing

If the purpose of this disclosure is for marketing purposes, please check this box and set forth the financial remuneration amount received by Aspire Counseling Group, PLLC, in exchange for disclosing the information.  
\$ \_\_\_\_\_

### Sale of Information

If the purpose of this disclosure is for the sale, license to use or lease of the information, please check this box.

Research

If the purpose of this disclosure is for research purposes, please check this box and identify the current and future research studies as well as whether each research study is conditioned upon execution of this authorization and individual's ability to opt into each study.

Revocation

I understand that I have a right to revoke this authorization, in writing, at any time by sending written notification to Christine Gerhard Dicks, LCSW, Privacy Officer, Aspire Counseling Group, PLLC at 871 Washington Street, Raleigh, NC 27605. I further understand that a revocation of the authorization is not effective to the extent that action has been taken in reliance on the authorization.

Expiration

Unless sooner revoked, this authorization expires on the following date: \_\_\_\_\_ or as otherwise indicated:

Conditions

I further understand that Aspire Counseling Group, PLLC will not condition my treatment on whether I give authorization for the requested disclosure. However, it has been explained to me that failure to sign this authorization may have the following consequences:

Form of Disclosure

Unless you have specifically requested in writing that the disclosure be made in a certain format, we reserve the right to disclose information as permitted by this authorization in any manner that we deem to be appropriate and consistent with applicable law, including, but not limited to, verbally, in paper format or electronically.

Redisclosure

I understand that there is the potential that the protected health information that is disclosed pursuant to this authorization may be redisclosed by the recipient and the protected health information will no longer be protected by the HIPAA privacy regulations, unless a State law applies that is more strict than HIPAA and provides additional privacy protections.

If requested, I will be given a copy of this authorization for my records.

*\*\*Please note that a typed name does not constitute a legal signature.\*\**

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Signature of Client

Date

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\*Signature of Parent, Guardian or Personal Representative

Date

*\*If you are signing as a personal representative of an individual, please describe your authority to act for this individual (power of attorney, healthcare surrogate, etc.)*

Check here and sign below if patient/client refuses to sign authorization:

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Signature of Staff Witness

Date